



Morning Prayer

Bless the Lord, My Soul CP 360

*Bless the Lord, my soul, and bless God's holy name.
Bless the Lord, my soul, who leads me into life.*

Announcements

Lord, open our lips, **and our mouth shall proclaim your praise.**
O God, make speed to save us. **O Lord, make haste to help us.**
Glory to God, Source of all being, eternal Word and Holy Spirit:
as it was in the beginning, is now and will be forever. Amen. Alleluia.

Praise, My Soul CP 381

*Praise, my soul, the God of heaven; glad of heart your carols raise;
ransomed, healed restored, forgiven, who, like me should sing God's praise?
Alleluia, alleluia, praise the Maker all your days.*

*Praise him for the grace and favour shown our forebears in distress.
God is still the same for ever, slow to chide and swift to bless;
alleluia, alleluia, sing our Maker's faithfulness.*

*Like a loving parent caring, God knows well our feeble frame;
gladly all our burdens bearing, still to countless years the same.
Alleluia, alleluia, all within me, praise God's name.*

*Frail as summer's flower we flourish; blows the wind and it is gone;
but, while mortals rise and perish, God endures unchanging on:
alleluia, alleluia, praise the high eternal one.*

*Angels, teach us adoration; you behold God face to face;
sun and moon and all creation, dwellers all in time and space.
Alleluia, alleluia, praise with us the God of grace.*

Come, let us sing to the Lord; let us shout for joy to the rock of our salvation.
Let us come before the presence of the Lord with thanksgiving
and raise a loud shout to God with psalms.
For you, O Lord, are a great God, and a great sovereign above all gods.
In your hand are the caverns of the earth, and the heights of the hills are yours also.
The sea is yours, for you made it, and your hands have moulded the dry land.
Come, let us bow down, and bend the knee, and kneel before the Lord our Maker.
For you are our God, and we are the people of your pasture and the sheep of your hand.
Oh, that today we would hearken to your voice!

Psalm 24

The musical score for Psalm 24 is written in G major (one sharp) and 4/4 time. It consists of two staves: a treble clef staff for the melody and a bass clef staff for the accompaniment. The melody begins with a half note G4, followed by quarter notes A4, B4, and C5. The accompaniment starts with a whole note G4. The lyrics are: "O glor - ious Maj - es - ty, may your pres - ence ev - er be with us." Above the treble staff, guitar chords are indicated: D, G, D, G (Bm), Asus⁴, A⁷, and D. A dynamic marking of *mf* is placed above the first measure. A fermata is placed over the first two measures of the melody.

The earth is the Lord's and all that is in it,

the world and all who dwell therein.

For it is God who founded it upon the seas

and made it firm upon the rivers of the deep.

“Who can ascend the hill of the Lord

and who can stand in the holy place of God?”

“Those who have clean hands and a pure heart,

who have not pledged themselves to falsehood, nor sworn by what is a fraud.

They shall receive a blessing from the Lord

and a just reward from the God of their salvation.” R

Such is the generation of those who seek you,

of those who seek your face, O God of Jacob.

Lift up your heads, O gates; lift them high, O everlasting doors;

and the One who reigns in glory shall come in.

“Who is this glorious One?”

“The Lord, strong and mighty, the Lord, mighty in battle.”

Lift up your heads, O gates; lift them high, O everlasting doors;

and the One who reigns in glory shall come in.

“Who is this glorious One?”

“The Lord of hosts, the Lord who reigns in glory.” RR

2 Samuel 6:1-5, 12b-19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals. It was told King David, ‘The Lord has blessed the household of Obed-edom and all that belongs to him, because of the ark of God.’ So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet. As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart. They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name

of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Listen for God's word. **Our hearts are open.**

Awake, O sleeper, and arise from the dead. And Christ shall give you light.

Awake, O sleeper, and arise from the dead. And Christ shall give you light.

You have died and your life is hid with Christ in God.

Set your minds on things that are above, not on things that are on the earth.

Awake, O sleeper, and arise from the dead. And Christ shall give you light.

When Christ our life appears you will appear with him in glory.

Awake, O sleeper, and arise from the dead. And Christ shall give you light.

Ephesians 1:3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

Listen for God's word. **Our hearts are open.**

O Healing River CP 578

***O healing river, send down your waters,
send down your waters upon this land.***

***O healing river, send down your waters,
and wash the blood from off the sand.***

***This land is parching, this land is burning,
no seed is growing in the barren ground.***

*O healing river, send down your waters,
O healing river, send your waters down.*

*Let the seed of freedom awake and flourish,
let the deep roots nourish, let the tall stalks rise.*

*O healing river, send down your waters,
O healing river, from out of the skies.*

Mark 6:14-29

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.' For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

Listen for God's word. **Our hearts are open.**

Sermon

Blessed are you, God of Israel, for ever and ever; **for yours is the greatness, the power, the glory, the splendour and the majesty.**

Everything in heaven and on earth is yours; **you are sovereign, O Lord, and you are exalted as head over all.**

Riches and honour come from you **and you rule over all.**

In your hand are power and might; **yours it is to give power and strength to all.**

And now we give you thanks, our God, **and praise your glorious name.**

For all things come from you, **and of your own have we given you.**

Glory to God, Source of all being, eternal Word and Holy Spirit: **as it was in the beginning, is now and will be forever. Amen.**

Hear, O Israel, the Lord our God, the Lord is one.

Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself. There is no commandment greater than these.

Seek Ye First CP 458

*Seek ye first the kingdom of God and God's righteousness,
and all these things shall be added unto you. Allelu, alleluia.
Alleluia, alleluia, alleluia, Allelu, alleluia.*

*Ask and it shall be given unto you; seek and you shall find;
knock and the door shall be opened unto you. Allelu, alleluia.
Alleluia, alleluia, alleluia, Allelu, alleluia.*

Stewardship moment

God of Israel, may this day be one of fulfillment and peace.

Holy One, hear and have mercy.

Teach us to love others as you have loved us.

Holy One, hear and have mercy.

Fill the world with your peace and justice.

Holy One, hear and have mercy.

Strengthen and relieve those who are in need.

Holy One, hear and have mercy.

Renew the Church through the power of your life-giving Spirit.

Holy One, hear and have mercy.

Additional intercessions, petitions and thanksgivings may be offered in silence or aloud. Among these concerns it is appropriate to remember

- *the Church throughout the world;*
- *all who lead the church, ordained and lay;*
- *the leaders of the nations;*

- *the natural world and the resources of the earth;*
- *all who are in any kind of need.*

O God,

when pride leads us deeper into sin, grant us strength, so that we may turn from pride and know the power of your uncompromising love. In Jesus' name we pray. **Amen.**

Gathering our prayers and praises into one, let us pray as our Saviour taught us,
Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Blessing

God of Grace and God of Glory CP 577

***God of grace and God of glory, on your people pour your power;
 now fulfil your church's story; bring its bud to glorious flower.
 Grant us wisdom, grant us courage, for the facing of this hour,
 for the facing of this hour.***

***Lo, the hosts of evil round us scorn your Christ, assail his ways.
 Fears and doubts too long have bound us; free our hearts to work and praise.
 Grant us wisdom, grant us courage, for the living of these days,
 for the living of these days.***

***Cure your children's warring madness. Bend our pride to your control.
 Shame our wanton selfish gladness, rich in goods and poor in soul.
 Grant us wisdom, grant us courage, lest we miss your kingdom's goal,
 lest we miss your kingdom's goal.***

***Set our feet on lofty places; gird our lives that they may be
 armoured with all Christ-like graces in the fight for liberty.
 Grant us wisdom, grant us courage, lest we fail ourselves and thee,
 lest we fail ourselves and thee.***

Let us bless the Lord. **Thanks be to God.**

May the risen Christ grant us the joys of eternal life. **Amen.**

Readings for next Sunday – July 18, 2021

8th Sunday after Pentecost (Proper 16)

2 Samuel 7:1-14a; Psalm 89:20-37;

Ephesians 2:11-22; Mark 6:30-34, 53-56